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Virginia Beach Sports: Play Without Boundaries

With the combination of start-of-the-art facilities and world-class service, every team is a winner in Virginia Beach! The destination is popular with sports enthusiasts of all types, thanks to venues and amenities that rival most metropolitan areas. With a 150,000-square-foot column free exhibit hall, 25 multi-purpose fields, more than 10,000 hotel rooms and 35 miles of beautiful beaches, Virginia Beach is the place where every athlete can compete and feel like a champion.

MAKE THE BEACH YOUR TRACK OR FIELD

With miles of public access beaches and an iconic three-mile concrete boardwalk, the Virginia Beach oceanfront allows athletes to feel the sand between their toes while they battle it out. The [Resort Beach](#) is the perfect place for beach volleyball, sand soccer or hanging ten in the surf. As one of America's Fittest Cities, the destination is also very health- and fitness-oriented and gets behind the unique, year-round beach sporting events by volunteering, serving as trainers, helping with set-up or participating. The beach's lack of boundaries allows for sports to come to life in distinct ways – with the Atlantic Ocean serving as an unparalleled backdrop. Sporting events held at the Virginia Beach Resort Beach annually include the **North American Sand Soccer Championships**, **USA Ultimate Beach Championship**, the **East Coast Surfing Championships**, the **Rock 'n' Roll Half Marathon** and the **Shamrock Marathon**.



STATE-OF-THE-ART FACILITIES

Within the Resort Beach, the country's first LEED® Gold-certified Convention Center, the [Virginia Beach Convention Center](#), captures the true essence of this coastal destination. The facility combines innovative design with sustainable features and amenities boasting more than 500,000 sq. ft. of flexible meeting space and offers unique configurations for athletes of every game, including a 150,000-square-foot column-free exhibit hall. The Convention Center regularly plays host to the **National High School Coaches Association (NHSCA) High School Wrestling Championships**, the **U.S. Finals** and the **USA Field Hockey National Indoor Championships**.

Located just a few minutes from the Chesapeake Bay Beach, the [Virginia Beach Tennis and Country Club](#) (VBTCC), a certified USTA facility and a past winner of the prestigious "Tennis Club of the Year Award," is one of the largest tennis facilities in the country. The 94,000-square-foot indoor facility has 10 indoor DecoTurf courts, with the same surface used at the U.S. Open. The VBTCC also houses 28 outdoor clay and hard courts, 10 of which are lit for nighttime play. The club also offers a state-of-the-art fitness center featuring Technogym equipment, spin classes, yoga, Zumba, personal training and massage therapy, in addition to health-conscious dining options, a juice bar, Wi-Fi and a pro shop.

Nearby, the state-of-the-art Virginia Beach [Sportsplex](#) can accommodate multiple field sporting events. A newly redesigned turf field makes it the perfect place for year-round leagues and programs of all sizes. In addition to bleacher seating for 6,000 people, fans can enjoy a picnic area, four concession stands and six luxury suites. The stadium also features ample parking, two fully-equipped locker rooms with separate trainer's rooms and television production lighting for broadcasting events.



Located in the heart of Princess Anne Commons and near the area's premier live music amphitheater, the [Princess Anne Athletic Complex](#) is home to six sport venues and offers eight lighted tournament-quality softball fields and seven multi-purpose playing fields, two of which are lighted. Youth and adult softball leagues can play on all eight fields, while the other seven multi-purpose fields are used for other sports, such as soccer and football.



Down the road, the [Virginia Beach Field House](#), an indoor sports facility with more than 175,000 square feet, features eight regulation volleyball courts, four basketball courts and six turf fields for visitors to play indoor baseball, softball, soccer, flag football, volleyball, basketball, field hockey, lacrosse, dodgeball and more. A fully-stocked food court and a full set of locker rooms with day lockers and showers are also available. Additionally, more than 40 flat screen TVs are situated throughout the building, and four 110-inch giant screen TVs are available in the lounge.

Located less than one mile from the Virginia Beach Sportsplex, the [Hampton Roads Soccer Complex](#) is an outdoor, 75-acre soccer mecca that features seven small sided fields, 12 full-size Tifway Bermuda grass fields and two full-size synthetic turf fields with Musco "low impact" game lights. In addition to its 21 fields, the complex houses two brick headquarter buildings that provide restrooms, concessions, meeting rooms, a first-aid trainer's room and staff offices.

OTHER OFFERINGS MEAN FUN FOR THE WHOLE FAMILY

When off the field or court, families can discover all there is to explore along Virginia Beach's 35 miles of distinct beaches. In fact, there are [three to enjoy](#), each with its own distinct vibe and personality.

At the [Resort Beach](#), visitors can enjoy a stroll along the iconic three-mile oceanfront boardwalk, a fishing pier and discover plenty of opportunities for biking, boating, kayaking, jet-skiing, parasailing and stand-up paddle-boarding. King Neptune, a 34-foot-tall cast bronze statue of the mythological sea god, is a must-stop spot for a selfie at 31st Street and Atlantic Avenue. Visitors seeking a more relaxed day at the beach will enjoy [Chesapeake Bay Beach](#), which is preferred for its tranquility along the scenic Chesapeake Bay. The area is home to a marina, as well as multiple dockside seafood restaurants and incredible sunset views over the Lynnhaven Inlet. For a more secluded environment, [Sandbridge Beach](#) on Virginia Beach's southern shore is just 20 minutes away from the main resort area. Nestled up against the Back Bay National Wildlife Refuge, visitors can enjoy sheer serenity in Sandbridge, where area outfitters offer everything from bikes and paddleboards to surfboards and kayaks.



Additionally, brand new attractions mean taking family fun to new heights! The [Adventure Park](#) at the [Virginia Aquarium](#) is the largest of its kind in Virginia and features multiple zip lines and aerial ropes challenge courses, perfect for thrill-seekers ages five and up. [Indoor Sky Dive](#) at iFly VA Beach, the city's first indoor skydiving complex, opened in the heart of the oceanfront resort area. The \$49-million project includes an iFly wind tunnel that



provides a safe and protected way for individuals to experience the same thing as a free-falling skydiver.

Explore the ocean depths at the [Virginia Aquarium & Marine Science Center](#), Virginia's largest aquarium and one of the most visited in the nation. The Virginia Aquarium chronicles the state's various aquatic and marine environments throughout time and features more than 800,000 gallons of aquariums and live animal habitats, as well as an outdoor nature trail and aviary.

[Ocean Breeze Waterpark](#) is a 19-acre water park that offers a Caribbean-themed family destination. Ocean Breeze also boasts exhilarating slides like Jungle Falls, The Coconut Drops, Pirate’s Plummet and The Hurricane, as well as a million-gallon wave pool offering a “no sand, no sharks, no jellyfish” ocean experience.

SERVICE AND GIVING BACK

The Virginia Beach Convention and Visitors Bureau not only prides itself on providing excellent venue options but also on the services offered by [well-trained and experienced staff](#) that is always prepared to provide exceptional service.

Additionally, Virginia Beach continues to elevate industry standards for environmentally sound and socially responsible practices through a growing portfolio of amenities available to meeting planners and organizations. To further the destination’s focus on sustainability, the Virginia Beach CVB’s give-back program, [“One Beach, One World,”](#) offers groups the opportunity to be matched with a local or international charity or non-profit organization seeking voluntary support, broadening the reach for groups wanting to help others. Activities range from participants rolling up their sleeves – and pant legs – to improve the health of the Chesapeake Bay to working on behalf of our troops and providing care and assistance to people in need.

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