

## Media Contacts

**Tiffany Russell**, Virginia Beach Convention & Visitors Bureau  
(757) 385-6628, [tmrussel@vb.gov](mailto:tmrussel@vb.gov)

**Valeria Palmertree**, BCF  
(757) 497-4811, [vpalmertree@bcfagency.com](mailto:vpalmertree@bcfagency.com)



# A Beach for EveryBODY

Time on the beach can be not only enjoyable but also extremely therapeutic. Across Virginia Beach's three beaches, the Resort Beach, Chesapeake Bay Beach and Sandbridge Beach, accessibility is a major focus and foremost making sure everyone has a chance to enjoy, relax in and access the beach. With beach ramp accessibility, surf camps and even a specially designed in-the-sand playground, Virginia Beach is proud to provide access to those who want to experience time in the sand and in the water but may need some additional assistance in doing so. Here, there truly is a beach for everybody.

## THREE BEACH ACCESS

The iconic three-mile boardwalk is only part of what makes the oceanfront resort area so irresistible. At the [Resort Beach](#), the boardwalk provides accessibility to individuals with varying degrees of mobility to explore the lively strip that runs parallel to the Atlantic Ocean. Find King Neptune, a 34-foot-tall cast bronze statue of the mythological sea god, on 31st Street. Along the boardwalk, ramps are available at each street to take visitors from the boardwalk to the sand. Beach wheelchairs are available on a first-come, first-serve basis at 17th and 24th Streets – free of charge. Located in the sand on the Resort Beach is [JT's Grommet Island Park for EveryBODY](#), the first beach playground in the country designed specifically for children and adults of all physical abilities. Soft play sculptures, accessible play equipment and cushioned play surfaces on the sand make up this one-of-a-kind playground.

[Sandbridge Beach](#), located 15 miles south of the Resort Beach, is a secluded beach hideaway of pristine sand dunes and dancing sea oats. It is a relaxing and peaceful community, a great spot to unwind on vacation. Beach wheelchairs are available at [Little Island Park](#) on a first-come, first-serve basis – free of charge. The Little Island Fishing Pier is wheelchair-accessible, ready for a casted line to reel in the big one.

For beach-goers looking for kinder, gentler waves, refuge can be found along the calm waters of [Chesapeake Bay Beach](#). Beach wheelchairs are available at [First Landing State Park](#) on a first-come, first-serve basis – free of charge. From swimming to sandcastles to volleyball, all the traditional beach rituals are here. And nothing's better than a sunset view or dining at a fine dockside restaurant.

## CAMPS IN THE WAVES

At the First Street Jetty on the Resort Beach is the annual [Wave Warriors Surf Camp](#), a weekend honoring our nation's heroes, aiming to create a thrilling surfing experience for injured service members and their families from around the country. Surfing instructors take to the waves to provide an unforgettable, fun and empowering experience.



Virginia Beach is also home to the [Surfers Healing Team Camp Day](#), during which children take to the ocean to overcome their fears, delight in their accomplishments and embrace their abilities, as volunteers guide them through the water. The event is also accompanied by a 5K run/walk benefitting the Surfers Healing Foundation and Autism Society.



###

For media information and images, go to [www.VisitVirginiaBeach.com/pressroom](http://www.VisitVirginiaBeach.com/pressroom).  
Follow Virginia Beach on Twitter at [twitter.com/visitvabch](https://twitter.com/visitvabch), Facebook at [www.facebook.com/VisitVaBeach](https://www.facebook.com/VisitVaBeach),  
Instagram at [www.instagram.com/visitvabeach](https://www.instagram.com/visitvabeach), Pinterest at [www.pinterest.com/visitvabeach](https://www.pinterest.com/visitvabeach) and YouTube at [www.youtube.com/VisitVaBeach](https://www.youtube.com/VisitVaBeach).